# **APA Style Guide**

#### Introduction

This guide is based on the *Publication Manual of the American Psychological Association*, 5<sup>th</sup> ed. available in the Nimitz Library reference and general collections (call number: BF 76.7 P83 2001). This guide only lists the most commonly cited print and electronic sources. Consult the *Manual* for examples of other types of resources.

**References** are the items that make up the works cited or bibliography that appear at the end of a paper.

Within the body of the paper, these same items are referred to using the **In-Text** style.

### **General Rules for APA Style**

- For in-text direct quotes, page numbers must be included: (Bradley, 1999, p. 67)
- Hanging indentation is used in the reference list.
- Italics, rather than underlining or bold, is used for titles of works.
- Sentence caps are used in the reference list (i.e. capitalize only the first word of titles), for example: (*Diagnostic and statistical manual of mental disorders*).
- Heading caps are used when citing titles in text, for example: ("Marijuana Use," 2002).
- In cases of multiple authors, in-text citations give only the lead author, the words "et al" and the publication date.
- For citing electronic versions of articles, see the Electronic Resources section of this web page.

## **PRINT**

### **BOOK (ONE AUTHOR)**

**Reference:** Bereiter, C. (2002). *Education and mind in the knowledge age*.

Mahway, NJ: Erlbaum Associates.

**In-Text:** (Bereiter, 2002)

### **BOOK (TWO OR MORE AUTHORS)**

**Reference:** Matthews, G., & Zeidner, M. (2002). *Emotional intelligence:* 

Science and myth. Cambridge, MA: MIT Press.

**In-Text:** (Matthews & Zeidner, 2002)

**3 or more authors:** (Matthews, Zeidner, & Roberts, 2002)

**Subsequent references:** (Matthews et al., 2002)

### **BOOK (WITH AN EDITOR)**

**Reference:** Juvonen, J. (Ed.). (2001). *Peer harassment in school: the plight* 

of the vulnerable and victimized. New York: Guilford

Press.

**In-Text:** (Juvonen, 2001)

#### **BOOK CHAPTER**

**Reference:** Roll, W.P. (1976). ESP and memory. In J.M. Wheatley &

H.L. Edge (Eds.), *Philosophical dimensions of parapsychology* (pp. 154-184). Springfield, IL:

American Psychiatric Press.

**In-Text:** (Roll, 1976)

### **ENCYCLOPEDIA ARTICLE (NO AUTHOR)**

**Reference:** Collective unconsciousness. (1998). In *The new encyclopaedia* 

Britannica: micropaedia (Vol. 3, pp. 453-454). Chicago:

Encyclopaedia Britannica.

**In-Text:** ("Collective Unconsciousness," 1998)

### **JOURNAL ARTICLE (ONE AUTHOR)**

[Note: APA references list up to the first 6 authors of a work. If there are more than 6 add et al. – with the period – after the 6<sup>th</sup> name. In-text citations list only the lead author and et al.].

**Reference:** Mellers, B.A. (2000). Choice and the relative pleasure of

consequences. Psychological Bulletin, 126, 910-924.

**In-Text:** (Mellers, 2000)

### **JOURNAL ARTICLE (TWO OR MORE AUTHORS)**

**Reference:** Klimoski, R., & Palmer, S., & Smith, J. (1993). Treatment for

sexually abused children and adolescents. American

Pscyhologist, 55, 1040-1049.

**In-Text:** (Klimonski, Palmer, & Smith, 1993)

**Subsequent references:** (Klimonski et al., 1993)

## **MAGAZINE ARTICLE**

[Note: Magazine references follow the same rules as journal articles for multiple authors. See preceding section].

**Reference:** Kandel, E.R., & Squire, L.R. (2000, November 10). Neuroscience:

breaking down scientific barriers to the study of brain and

mind. Science, 290, 1113-1120.

**In-Text:** (Kandel, 2000)

# MAGAZINE ARTICLE (NO AUTHOR)

**Reference:** The blood business. (1992, September 11). *Time*, 97, 47-48.

**In-Text:** ("Blood Business," 1992)

### **NEWSPAPER ARTICLE (NO AUTHOR)**

**Reference:** New drug appears to sharply cut risk of death from heart failure.

(1993, July 15). The Washington Post, p. A12.

**In-Text:** ("New Drug," 1993)

#### **ELECTRONIC RESOURCES**

# **Some Tips for Citing Web Sites**

- *The URL is the most critical element* if it doesn't work, readers won't be able to find the cited material, and the credibility of your paper will suffer.
- At a minimum, the reference should include a document title or description, the date of publication (if available), the date of retrieval, and a URL.
- Identify the author whenever possible.
- Use n.d. (no date) when a publication date is not available.
- When an internet document has multiple pages with different URLs, provide a URL that links directly to the page you are citing.
- Only break a URL that goes to another line after a slash or before a period. Do not insert a hyphen.
- If the document is part of a large and complex web site (such as a government agency), identify the host organization before giving the URL for the document itself. Use a colon before the URL. (See Government Document example below).
- There is no period used after a URL in a reference.

### **WEBSITE**

**Reference:** Grohol, J.M., (2003). *Dr. John Grohol's PsychCentral*. Retrieved

March 13, 2003 from http://psychcentral.com

**In-Text:** (Grohol, 2003)

#### **WEB SITE**

(no author, no publication date)

**Reference:** Greater New Milford (Ct) Area Healthy Community 2000, Task

Force on Teen and Adolescent Issues. (n.d.). Who has time for a family meal? You do! Retrieved October 5, 2001,

from http://www.familymealtime.org

**In-Text:** (Greater New Milford, n.d.)

### **Some Tips for Citing Electronic Articles**

- APA style no longer requires that the format (CD-ROM, online, etc.) of the database searched be specified.
- Follow the format appropriate to the work retrieved and add a retrieval statement that gives the date of retrieval and the proper name of the database.
- If you have viewed an electronic version of an article that is an *exact duplicate* of the print version (usually in Adobe's PDF format) and you *did not* find it in a database, you need only the note [Electronic version] to the reference. (See second example below).

### **ELECTRONIC JOURNAL ARTICLE**

(accessed via a database)

**Reference:** Jacobson, J.W., Mulick. J.A., & Schwartz, A.A. (1995) A history

of facilitated communications: Science, pseudoscience, and antiscience. *American Psychologist*, *50*, 750-765. Retrieved January 12, 2001, from PsycARTICLES

Database.

**In-Text:** (Jacobsen et al., 1995)

## **ELECTRONIC JOURNAL ARTICLE**

(exact duplicate of print version, not accessed via a database)

**Reference:** VandenBos, G., Knapp, S., & Doe, J. (2001). Role of reference

elements in the selection of resources by psychology undergraduates [Electronic version]. *Journal of Biblio-*

graphic Research, 5, 115-123.

**In-Text:** (VandenBos et al., 2001)

#### **ELECTRONIC NEWSPAPER ARTICLE**

(accessed via a database)

**Reference:** Hilts, P.J. (1999, February 16). In forecasting their emotions, most

people flunk out. New York Times. Retrieved November

21, 2000, from LexisNexis Academic database.

**In-Text:** (Hilts, 1999)

### **ELECTRONIC NEWSPAPER ARTICLE**

(not accessed via a database)

**Reference:** Hilts, P.J. (1999, February 16). In forecasting their emotions, most

people flunk out. New York Times. Retrieved November

21, 2000, from <a href="http://www.nytimes.com">http://www.nytimes.com</a>

**In-Text:** (Hilts, 1999)

## **GOVERNMENT DOCUMENT**

(found via GPO Access database on the WWW)

**Reference:** National Institute of Mental Health. (2002). *Breaking ground*,

breaking through: The strategic plan for mood disorders research of the National Institute of Mental Health (Publication No. 0507-B-05). Retrieved from NIMH web site

via GPO Access:

http://purl.access.gpo.gov/GPO/LPS20906

**In-Text:** (National Institute of Mental Health [NIMH], 2002)

**Subsequent references** (NIMH, 2002)

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